



Shine  
for Sheraton  
spa

## FITNESS CLASS SCHEDULE

### MONDAY

11:00 AM-12:00 AM

Aqua Aerobics

5:30 PM-6:30 PM

Zumba

6:30 PM-7:30 PM

Aqua Aerobics

8:00 PM-9:00 PM

Aqua Aerobics

### WEDNESDAY

11:00 AM-12:00 AM

Aqua Aerobics

5:30 PM-6:30 PM

Zumba

6:30 PM-7:30 PM

Aqua Aerobics

8:00 PM-9:00 PM

Aqua Aerobics

### FRIDAY

11:00 AM-12:00 AM

Aqua Aerobics

5:30 PM-6:30 PM

Zumba

6:30 PM-7:30 PM

Aqua Aerobics

8:00 PM-9:00 PM

Aqua Aerobics

### SHERATON BATUMI HOTEL

Str. 28, Rustaveli, Batumi, 6000 Georgia

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sheratonbatumi.com

We recommend that all guests consult their doctor before taking part in fitness programming offered by our spa and/or Sheraton Fitness.